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## Keep working hard towards your goals with a determined mindset

Hi, I am Soumya Sethi, graduated from IITH in 2018, MTech Biomedical Engineering. I am pursuing my PhD from Kyoto University in DNA Nanotechnology. I am an avid sports player, love hiking and cycling in nature.

I joined IITH because of the interdisciplinary environment provided to the students, it has been a very enriching experience because the courses included students from bachelors, masters and PhD course which helped me gather so much knowledge and perception. This amalgamation of ideas and thoughts really helped me learn a lot.

I enjoyed Bio-nanotechnology and Tissue engineering the most, because the courses were very well designed to help us enhance our creative and innovative thinking, we were motivated to bring up our own ideas and design projects in a team which helped me understand how to develop and come up with ideas and plan projects. The subject I enjoyed the least was sensors and transducers.

In IITH, in the initial days I used to play basketball but eventually, the course work was too tiresome so I resorted to running and table tennis. I have had specialized training in culturing mammalian cells, 3D printing, DNA nanotechnology.

My education at IITH has enhanced my creative skills and has helped me able to think and work independently in my PhD, starting from

designing my own projects. Also because of the interdisciplinary environment provided by IITH, I am able to think out of the box and figure out the problems in my research more efficiently than my colleagues.

I have had numerous beautiful moments at IITH, it was my first ever experience to stay at the hostel so I would say I enjoyed that a lot, it was a very amazing experience to learn so much from people from various cultures and backgrounds. My lab life was exhilarating too, I got to learn so much from my seniors in the lab not only about research but also about life.

I would like to say that you are in a great place, along with your academics, enjoy the campus life and keep working hard towards your goals with a determined mindset.

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